

## What to bring on the retreat

Bag dinner for Friday night – unless your group is stopping on the way out.

Sleeping bag or blanket & sheet, and a pillow

Personal care items – soap, washcloth, towel, deodorant, brush, toothbrush / toothpaste, etc. There are showers with many people using them – so be prepared. Some like to bring flip flops for the showers.

Just enough clothes for 2 nights and 2 days

This should include something warm to sleep in – remember the camp is on the water, sweatshirt, sneakers, flip-flops or similar for walking around the cabin at bedtime/morning.

Flashlight

Umbrella (better safe than sorry)

Jacket – even if we have warm weather by day, it gets cold at night

Watch – so you know when to be where

Sunscreen

If you choose to bring any electronic devices (camera, phone, ipod), two things to keep in mind:

1 – they can **ONLY** be used during free time (which is limited)

2 – they are **YOUR** responsibility, if they get broken or lost, no one will replace them